

*ALTAVISTA
PRESBYTERIAN CHURCH*



THE LINK

June 1, 2019

OUR VISION, OUR HEARTS, AND OUR DOORS ARE ALWAYS OPEN



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FROM OUR PASTOR...

One of the best ways of managing anger is by reflecting before we react. We all have experienced how people can say some pretty hurtful things in the heat of an argument. Name calling, blaming, shaming, revenge; these are all harmful and sinful reactions to anger. Inappropriate expressions of anger destroy relationships. Whether with family, friends, church, or book clubs, caustic reactions to anger bear fruits of discontent, resentment, and more anger. As Paul notes, evil talk breaks down relationships. Dividing walls of hostility are built because there is distrust, fear, and malcontent with things that are different or challenging. As individuals and as communities, we oftentimes find ourselves in disagreements with other people. Like Paul said, being upset with someone's politics, lifestyle, or communication skills is okay. But do not sin in your anger. Disagreements will arise, they always do, but we must always remember never to react to them in ways that are not uplifting and not helpful. One of the best ways to react to an angry situation or comment is by sharing with that person how the situation makes you feel. If someone comes to me and says, "I'm angry with what you said," then I would naturally get defensive, which creates an argumentative situation. That reaction is not helpful. Instead, if someone were to say, "I was hurt by what you said," that's something that I can reflect on. I can understand and

empathize with feeling hurt. Instead of saying, “I’m angry at the way you did this,” say, “I felt insecure when you did this.” Not “I’m angry that none of this is going my way,” but “I feel frustrated about this whole process.” Hurt, insecure, frustrated—those are words we can understand and not get defensive about. Taking the time to reflect on anger allows for the Holy Spirit to come in and open our eyes to both the sins of angry expressions and the beauty of coming to an understanding through kindness and respect.

Ed Soto

Article for the LINK

POP Camp Peaks

is just around the corner!

Please encourage your children, friends,
neighbors and grandchildren to plan to join
in the fun!

It's sure to be a week filled with new friends,
songs, crafts, games, swimming and more!

Registration information will be available on
the church bulletin board soon! Mark your
calendar NOW!

**July 8-12 9-3 Janiak's Farm ages
5-12**

(Registration deadline is June 30th)

SERMONS THIS MONTH

PASTOR ED WILL BE ON FAMILY LEAVE
DURING THE MONTH OF JUNE.
THE FOLLOWING IS A SCHEDULE OF PULPIT SUPPLIES

June 2nd • Seventh Sunday of Easter

REV. JOHN SCHOLER, HONORABLY RETIRED

June 9th • Pentecost Sunday

REV. JOHN SCHOLER, HONORABLY RETIRED

June 16th • Ninth Sunday in Ordinary Time

ELDER DICK BOSWELL, FIRST PRESBYTERIAN LYNCHBURG

June 23rd • Tenth Sunday in Ordinary Time

PUERTO RICO MISSION TRIP REPORT

June 30th • Eleventh Sunday in Ordinary Time

REV. RACHEL SHEPHERD, TRANSITIONAL ASSOCIATE PRESBYTER

June Birthdays		June Anniversaries
1	Samantha Janiak	
2	Mary Woodie	
9	Denise Tucker	
11	Erika Mabry	
17		Earl & Lynn Copes
18		Ted & Louise Phillips
20	ElizaAnne Copes	
23		Jerry & Martha Moore Billy & Darlene Robertson
26	Debbie Berger	Chip & Jenny Roark

HAPPENING THIS SUMMER!

Bible Study — On Summer Break

Bible Study, which normally meets on Tuesdays at 10:00 AM, will be on hold during the summer. Expect courses to resume on August 6th.

Prayer Fellowship — On Hold in June

Prayer Fellowship meets on the **Second, Fourth, and Fifth Wednesdays** in the Pastor's Study at 9:30 AM. All are welcome to join us in prayers for our church, community, nation, and the world. If you have any prayer requests for the Fellowship, please contact the main office.

Pastor Ed is on Family Leave through July 7th. Prayer Fellowship will be on hold during the month of June. Expect it to resume on July 10th.

Youth Group — On Summer Break

Youth Group, which normally meets on the Second and Third Sundays 5:00 PM, will be on hold during the summer. Expect meetings to resume on August 11th.

Have a happy and safe summer!

Altavista Presbyterian Church Session Highlights May 11, 2019 meeting

Examined elders-elect Barbara Podrebarac, Chip Roark & John Erb & sustained the examination of these three elders-elect.

Decided to spend an additional \$1,000 from ACT for Mission funds for the Puerto Rico mission trip. This money will be used to purchase construction tools/materials which will be left in PR when our mission team returns home.

Reviewed the April, 2019 Treasurer's Report.

Decided to sponsor Paul Young, author of The Shack, to speak at APC on Friday night, November 1, 2019.

Approved minutes of the April 28, 2019 Stated Session meeting & the April 28, 2019 Congregational meeting as presented.

Decided to celebrate the Sacrament of Communion on the first Sunday of every month during the 2019-20 church year.

Elected John Erb as Clerk of Session for the 2019-20 church year.

Elected Dennis Janiak as Treasurer for the 2019-20 church year.

Elected Rob Gilliam, Al Smith & Mark Younkin as Assistant Treasurer's for the 2019-20 church year.

Authorized the Wednesday morning Prayer Fellowship for the 2019-20 church year.

Appointed Kevin deBernard & Janette Walker to be the Sexual Misconduct Response Team for the 2019-20 church year.

	April-2019	YTD
Pledges	8,619.50	36,487
Non-Pledges	1,615	5,304
Plate Offering	80	289.50
Total Expenses	11,718.28	46,003.07

Edward "Teddy" Thomas Soto was born on May 24 at 9:49 PM, weighing in at 7 lbs, 15oz and 21 1/2". Betsy is recovering nicely and all three of us are getting use to all the newness. My mother is in town through July 1 to lend a hand. Prayers are greatly appreciated!





MONTH of JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 10 AM Worship/ Communion/ Children's Church Rev. John Scholer Preaching	3 7 PM Boy Scouts Mtg. in FH	4 10:30 AM Women's Fellowship 12 Noon -Men's Lunch – Taste of Italy	5 11-12:30 PM -Second Helping Lunch	6	7	8
9 10 AM –Worship/ Children's Church Rev. John Scholer Preaching Picnic at the English Park immediately after Worship	10 7 PM Boy Scouts Mtg. in FH	11	12 11-12:30 PM -Second Helping Lunch	13	14	15 Puerto Rico Mission Trip June 15-22
16 10 AM –Worship/ Children's Church Richard Boswell Preaching	17 7 PM Boy Scouts Mtg. in FH	18 12 Noon - Men's Lunch -EL Cazador	19 9:30 AM APC Serves Lunch @ Lynchburg Daily Bread 11-12:30 PM -Second Helping Lunch 1PM DAWN Board Mtg.- Adult SS	20	21	22
23 10 AM Worship Mission's Report Children's Church	24 7 PM Boy Scouts Mtg. in FH July Link Deadline	25	26 11-12:30 PM -Second Helping Lunch	27	28	29
30 10 AM –Worship/ Children's Church Rachel Shepherd Preaching						



K E V I N C A R D E N P H O T O G R A P H Y

when I rise, give me
Jesus

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